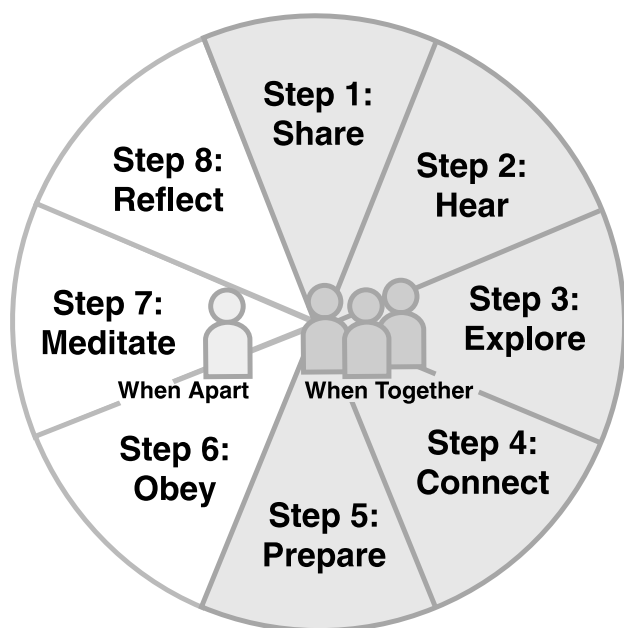
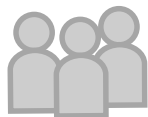


# Biblical Equipping: An Overview



## Biblical Equipping Together



These steps are done together in ChristCare Groups:

### Step 1: Share

Talk with your ChristCare Group about your experience in living as Jesus' disciple and how God's word affected your life since the last group meeting.

### Step 2: Hear

Begin with silence to open your heart to God's word. Then listen together as the Bible passage is read. End with silence to receive the message the Holy Spirit would give you.

### Step 3: Explore

Together explore the passage in depth. Your group leader will ask focused questions to help you discover what the passage meant to those who wrote and originally heard it.

### Step 4: Connect

Apply the Bible's truth to your own life. How do those truths change the way you understand God and others? How does Jesus' teaching and example connect with your own life? How does the Holy Spirit address your needs and challenges in this passage?

### Step 5: Prepare

Make a conscious plan to apply the word to your daily life. Choose a portion of the Bible passage you have just explored to concentrate on during the time between group meetings. What specific steps can you take to live by God's word, relying on God for the strength to take those steps?

## What is Biblical Equipping?

Biblical Equipping is a disciplined way of encountering the Bible—by yourself and with your ChristCare® Group—for the purpose of hearing and understanding God's Word more clearly, knowing and loving God and others more deeply, and living for and serving God more joyfully and obediently.

Steps 1 to 5 are done together in ChristCare Groups, and steps 6 to 8 are done individually by group members during the time in between group meetings.

## Biblical Equipping Apart



These steps are done individually by group members between group meetings:

### Step 6: Obey

Respond to God's word by living according to what you heard and learned. Conform your thoughts to God's word. Let it shape your behavior and the way you think about and relate to others and situations you encounter.

### Step 7: Meditate

Set aside time daily to meditate. Use the portion of Bible passage you selected (Step 5), pray about it, and ponder it in your heart. Connect it to what you are thinking, feeling, and experiencing. What is God revealing to you?

### Step 8: Reflect

Think about how God is working in your life and how you are doing at living according to God's word. Decide what experiences you will share with others in your ChristCare Group at your next meeting.