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## Our Shepherd Little Rams Athletics - Basketball Information 2012

Attention parents of children in Pre-Kindergarten through 4<sup>th</sup> grades. Our Shepherd Little Rams Athletics is forming Basketball Teams for our 8<sup>th</sup> season. The season will begin in January and run through March with a total of 6 games during the season. We invite you to participate in this fun recreational league which is open to all school/church families as well as those within our community.

Registration forms will be available at the school office or you can pick one up attached to the sports board down the hall from the church office. The **registration deadline will be Friday, January 13th**. The registration fee is **\$45.00** which will include a t-shirt, a Christ-centered gift, and award at the end of the season.

➤ ***If you are registering multiple children there is a 10% discount off of the total registration fee.***

Practices are scheduled to start Saturday, January 21<sup>st</sup> with the first game on February 4th. To ensure correct shirt sizes and quantity, we recommend that you register early as shirts must be ordered two weeks in advance.

The teams will be co-ed and we will do our best to evenly match the teams. The league will be divided up into two divisions: Pre-Kindergarten through 1<sup>st</sup> grade; and 2<sup>nd</sup> through 4<sup>th</sup> grades.

- **We will divide the league into three (3) divisions should participation numbers warrant the move: Pre-Kindergarten & Kindergarten; 1<sup>st</sup> & 2<sup>nd</sup> grades; and 3<sup>rd</sup> & 4<sup>th</sup> grades. Notification will be given should this change occur and a revised practice/game schedule will be sent out.**

The league will focus on the fundamentals of Basketball and encourage improvement as the season moves along. While sports are inherently competitive, we will take efforts to remove some of the competitiveness from the league and encourage fun and individual development. This is a Christian recreational league that is set up to give kids an opportunity to play. Our league philosophy and objectives are:

1. Christ-centered fun
2. Teach sports fundamentals & teamwork
3. A safe environment
4. Our success will be measured by the above and by our improvement, not by wins & losses.

There are many volunteer opportunities and we ask those participating to consider how they can help – coaching, concessions, etc. Please sign up to help where you can.

\*\*\* If Our Shepherd Lutheran School cancels classes due to weather on a day of our practice or game; Little Rams will also be cancelled. I will be utilizing WRTV's website and on-air ticker should we need to cancel a game or practice. Additionally I am working on a phone notification system as a back up to email

If you have any questions, please contact Tom Hansing at: 317-435-6987 or [thansing@rjet.com](mailto:thansing@rjet.com).

**Mr. Tom Hansing**  
**League Coordinator**  
**317-435-6987**  
[thansing@rjet.com](mailto:thansing@rjet.com)

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**Our Shepherd Little Rams Athletics  
Basketball Rules and Guidelines  
2012**

OSLRA Basketball Rules will follow the IHSAA / NFHS Rules with the exceptions noted below. Sometimes the rules will differ slightly between the two age groups. In this case, if a rule only applies to Kindergarten and First Grade, it will have a **PreK-1**. If it applies to Second through Fourth Grade, it will have a **2-4**. If at any time that we feel the rules or guidelines need adjusted, we will do so in the best interest of our league, and at the direction of the Athletic Director.

***Equipment:***

The basket will be 8' high for **PreK-1** and 9' high for **2-4**.

A junior ball (27.0) will be used for **PreK-1** and an intermediate ball (28.5) for **2-4**.

Participants will wear non-marking tennis shoes for practices and games.

A team shirt with a number will be given to each player as part of the entry fee.

***Defense:***

No stealing off of the dribble.

Man-to-Man defense ONLY.

No defensive pressure in the backcourt. Pick up your player at the gold volleyball line.

Not required to guard someone stationed far away from the basket (judgment of referee).

Can switch and help if your "man" gets beat.

***Offense:***

The 3 second lane violation will not apply to **PreK-1**.

The lane violation will be called after 7 seconds in **2-4**.

The 5 second "closely guarded" rule will be expanded to 10 seconds for **2-4** (judgment of referee).

Free throw line will be 8 to 10' from the basket (dependent upon player ability.)

***Playing Time:***

**Players must each play at least half of the game** unless they are removed because of fouls.

If an individual player scores 14 points:

They are not allowed to score from the field or free throw line

➤ The exception being if they are fouled in the act of shooting and at the point of the foul he/she has less than 14 points - they will shoot the awarded free throw(s)

If they score again from the field, the basket does not count.

They may stay in the game and pass, play defense, etc.

***The Game:***

The game will consist of two 12 minute halves (running clock) and a 6 minute half time break.

The clock will stop at the discretion of the referee; for free throws; and injuries

Each coach will get one 60 second timeout per half.

All non-shooting fouls will result in the ball being taken out of bounds.

The ball will be thrown-in from the spot closest to where it went out of bounds; or where the foul occurred.

The scorer will notify the coach and referee of any player reaching **4** fouls. No team fouls will be kept.

**FOULS: PreK-1** players allowed **6 fouls**

**2-4** players allowed **5 fouls**

We will use colored wrist bands so kids can easily tell who they should be guarding.

No score will be kept in the **PreK-1** division. The score will be cleared at halftime in the **2-4** division.

**We will utilize a "game plan" in the calling of fouls and violations this season to ensure players' safety and enhance the learning experience. We looked at the basic elements of the game to focus on: traveling; double dribble; backcourt violations; and fouls.**

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**Our Shepherd Little Rams Athletics  
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***Conduct:***

Players, coaches, parents, friends, and anybody in the gymnasium will be removed from the premises for unsporting conduct (inappropriate language, offensive conduct, disrespectfully addressing coaches or officials; etc.) and may be banned from returning to any practice or game for the season.

Any problems with coaches, referees, or other parents, should be discussed with the Athletic Director or League Official after the game / practice - not debated during it.

Final decisions and application of the guidelines are the responsibility of the referee and league officials.

**The gym is reserved for players registered to play in the league and is not an open gym for those not participating. You will be asked to leave the court if you are not supposed to be there.**

No dunking allowed! You will be asked to leave the facility if you are seen dunking or hanging on the rim.

Please keep in mind that the rules are guidelines that we will follow. We will also use a common sense approach to the way we run the league. We will be open-minded about listening to a "better way" if you have any suggestions.

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**Our Shepherd Little Rams Athletics  
Basketball Officiating “Game Plan”  
2012**

The below “game plan” will be utilized in calling violations and fouls. Each division has the same points of emphasis, however a different level to the enforcement. In developing this plan, we hope to enhance players’ safety and place more emphasis on learning the basic rules and their consequences.

**PreK – 1<sup>st</sup> Division**

**Traveling: (Will be enforced beginning at Game #3)**

- Players will be allowed three extra steps without penalty (Games 3 & 4)
- Players will be allowed two extra steps without penalty (Games 5 & 6)

**Double-dribble:**

- Players may stop their dribble and restart THREE times without penalty up through Game #3.
- Players may stop their dribble and restart TWICE without penalty in Games #4 and #5
- Players may stop their dribble and restart ONCE without penalty in Game #6.

**Backcourt violation: (Will be enforced beginning at Game #4)**

- 1<sup>st</sup> three violations: team in control will have a throw-in from sideline closest to point the violation occurred.
- 4<sup>th</sup> violation: ball goes to opposing team.

**Fouls:**

- Play will be stopped and players spoken to about the foul.
- Beginning with Game #3; player fouls will be tracked for the allowed 6; all fouls will result in ball being throw-in from point out-of-bounds closest to where the foul occurred.
- Beginning with Game #5; fouls on shots will result in free throws to the offended team.

**2<sup>nd</sup> – 4<sup>th</sup> Division**

**Traveling:**

- A player will be allowed TWO extra steps without penalty up through Game #3
- A player will be allowed ONE extra step without penalty in Games 4 through 6
- Beginning with Game #5, the “extra” step will not be allowed on **drives to the basket**.

**Double-Dribble:**

- A player may stop their dribble and restart TWICE without penalty up through game #2;
- A player may stop their dribble and restart ONCE without penalty in games 3 and 4
- Beginning with Game #5; players will not be allowed to stop and restart their dribble.

**Backcourt violation: (Will be enforced beginning at Game #3)**

- 1<sup>st</sup> two violations: team in control will have a throw-in from sideline closest to point the violation occurred.
- 3<sup>rd</sup> violation ball goes to opposing team.

**Fouls:**

- Play will be stopped and players spoken to about the foul.
- Beginning with Game #3; player fouls will be tracked for the allowed 5; all fouls will result in ball being thrown-in from point out-of-bounds closest to where the foul occurred.
- Beginning with Game #5; fouls on shots will result in free throws to the offended team.

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## 2012 Our Shepherd Little Rams Athletics Basketball Registration Form

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_ Player's Years of Experience: \_\_\_\_\_ (0, 1, 2, 3+ years)

Player's Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

**(Week to week communication is done via email)**

Email Address: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

**PLEASE LIST SHIRT SIZES USING THE NUMBER FORMAT BELOW TO ENSURE YOU RECEIVE THE CORRECT SIZE.**

**Player's T-Shirt \_\_\_\_\_ (YXS - 4; YS - 6/8; YM - 10/12; YL - 16; YXL - 20)**

Please detach and return with the **\$45.00** registration fee\*\* along with the completed medical release form. Make checks out to: Little Rams Athletics. Return all forms and fees to the Little Rams mailbox located in the Narthex (it is a gray mailbox located to the left of the entry doors.)

**\*\* If you are registering multiple children there is a discount of 10% off of the total registration fee.**

**Registration deadline for 2012 OSLRA Basketball League will be Friday, January 13, 2012.** All practices and games will be held at Our Shepherd. A schedule is attached with practice and game dates.

If you have any questions regarding registration or participation, please contact Tom Hansing at: 317-435-6987 or email at [thansing@rjet.com](mailto:thansing@rjet.com)

### Opportunity to Volunteer

OSLRA Coordinators and Coaches are all volunteers. OSLRA asks that you consider serving your community and child by volunteering. Please sign below if you would be willing to serve and help out with OSLRA.

*I would like to volunteer to be a Head/Assistant Coach* \_\_\_\_\_  
*Coaches meeting on day of clinic* (circle one) Parent Name/Phone #

*I would like to volunteer for: Timing, concessions, set-up/take-down*  
(Circle one) \_\_\_\_\_  
Parent Name/Phone #

League Use Only

Registration Fee Paid: \$ \_\_\_\_\_  CASH  CHECK # \_\_\_\_\_

Medical Release Form  
*For the activities of*  
**Our Shepherd Lutheran Church and School / Our Shepherd Little Rams Athletics**

My child has permission to participate in the activities, programs, and ministries of Our Shepherd Lutheran Church and School. In any event, especially those which include travel, there is a risk of serious injury. I understand that the church and school carries only liability co-insurance. This means that my child is fully covered under my insurance company. The church and school's insurance will only cover medical costs to the extent the costs are not covered by my insurance and are covered under the provisions and limits of the church and school's policy. In the event of a medical emergency when I, the parent or legal guardian, cannot be reached, I hereby authorize the activity leader, or designated adult counselor, to reasonably secure the necessary medical or dental treatment at any hospital, clinic, or doctor's office. I also agree that in no way will the church, school, activity leader, or adult counselor, be held liable for actions taken in response to such a situation involving personal injury arising from participation in the activities, programs, and/or ministries of Our Shepherd Lutheran Church and School.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Relationship: \_\_\_\_\_

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Birth date: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

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Health Insurance Company: \_\_\_\_\_

Policy and/or Group #: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Dentist's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Allergies of any kind: \_\_\_\_\_

Physical Limitations: \_\_\_\_\_

Regular Medications: \_\_\_\_\_

Other Health Concerns: \_\_\_\_\_

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**Little Rams Non-Discrimination Policy**

Our Shepherd Little Rams Athletics admits students of any race, color, religion, national or ethnic origin, or socio-economic background to all the rights, privileges, programs, and activities generally accorded or made available to students of Our Shepherd Lutheran School. It does not discriminate on the basis of race, color, religion, national or ethnic origin, or socio-economic status in administration or educational policies, admission policies, and athletic and other school administered programs.

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2012 OSLRA Basketball Schedule

Pre-Kindergarten – 1 <sup>st</sup> Grade								
Day	Date	Event	Time	Team	Team	Time	Team	Team
Saturday	21-Jan-12	Practice	10:30	A	B	11:15	C	D
<b>Thursday</b>	<b>26-Nov-12</b>	<b>Little Rams Food Pantry Night ** at Boys JV Game v Kingsway 6:45p</b>						
Saturday	28-Jan-12	Practice	10:30	A	B	11:15	C	D
Thursday	2-Feb-12	Practice	6:00	A	B	6:45	C	D
<b>Saturday</b>	<b>4-Feb-12</b>	<b>Game #1</b>	<b>10:30</b>	<b>A</b>	<b>B</b>	<b>11:15</b>	<b>C</b>	<b>D</b>
Thursday	9-Feb-12	Practice	6:00	A	B	6:45	C	D
<b>Saturday</b>	<b>11-Feb-12</b>	<b>Game #2</b>	<b>10:30</b>	<b>B</b>	<b>C</b>	<b>11:15</b>	<b>D</b>	<b>A</b>
<b>Thursday</b>	<b>16-Feb-12</b>	<b>Game #3</b>	<b>6:00</b>	<b>A</b>	<b>C</b>	<b>6:45</b>	<b>B</b>	<b>D</b>
Thursday	23-Feb-12	Practice	6:00	A	B	6:45	C	D
<b>Saturday</b>	<b>25-Feb-12</b>	<b>Game #4</b>	<b>10:30</b>	<b>D</b>	<b>C</b>	<b>11:15</b>	<b>B</b>	<b>A</b>
Thursday	1-Mar-12	Practice	6:00	A	B	6:45	C	D
<b>Saturday</b>	<b>3-Mar-12</b>	<b>Game #5</b>	<b>10:30</b>	<b>D</b>	<b>A</b>	<b>11:15</b>	<b>B</b>	<b>C</b>
Thursday	8-Mar-12	Practice	6:00	A	B	6:45	C	D
<b>Saturday</b>	<b>10-Mar-12</b>	<b>Game #6</b>	<b>10:40</b>	<b>B</b>	<b>D</b>	<b>11:30</b>	<b>A</b>	<b>C</b>

2nd - 4th Grade Division								
Day	Date	Event	Time	Team	Team	Time	Team	Team
Saturday	21-Jan-12	Practice	9:00	A	B	9:45	C	D
<b>Thursday</b>	<b>26-Jan-12</b>	<b>Little Rams Food Pantry Night ** at Boys JV Game v Kingsway 6:45p</b>						
Saturday	28-Jan-12	Practice	9:00	A	B	9:45	C	D
Tuesday	31-Jan-12	Practice	6:00	A	B	6:45	C	D
<b>Saturday</b>	<b>4-Feb-12</b>	<b>Game #2</b>	<b>9:00</b>	<b>A</b>	<b>B</b>	<b>9:45</b>	<b>C</b>	<b>D</b>
Tuesday	7-Feb-12	Practice	6:00	A	B	6:45	C	D
<b>Saturday</b>	<b>11-Feb-12</b>	<b>Game #3</b>	<b>9:00</b>	<b>B</b>	<b>C</b>	<b>9:45</b>	<b>D</b>	<b>A</b>
<b>Tuesday</b>	<b>14-Feb-12</b>	<b>Game #4</b>	<b>6:00</b>	<b>A</b>	<b>C</b>	<b>6:45</b>	<b>B</b>	<b>D</b>
Tuesday	21-Feb-12	Practice	6:00	A	B	6:45	C	D
<b>Saturday</b>	<b>25-Feb-12</b>	<b>Game #5</b>	<b>9:00</b>	<b>D</b>	<b>C</b>	<b>9:45</b>	<b>B</b>	<b>A</b>
Tuesday	28-Feb-12	Practice	6:00	A	B	6:45	C	D
<b>Saturday</b>	<b>3-Mar-12</b>	<b>Game #6</b>	<b>9:00</b>	<b>D</b>	<b>A</b>	<b>9:45</b>	<b>B</b>	<b>C</b>
Tuesday	6-Mar-12	Practice	6:00	A	B	6:45	C	D
<b>Saturday</b>	<b>10-Mar-11</b>	<b>Game #6</b>	<b>9:00</b>	<b>B</b>	<b>D</b>	<b>9:50</b>	<b>A</b>	<b>C</b>

**\*\* Little Rams Food Pantry Night – Please bring Non-Perishable Food Items and receive free admission to the Boys JV game against Kingsway at 6:45pm. Let’s fill the Pantry and the Stands for the final home game of the season.**

**AWARDS PRESENTATION WILL FOLLOW THE COMPLETION OF GAMES ON MARCH 10<sup>th</sup>**